

## Course content

This course explores some of the theories, processes and paradigms underlying transformations to sustainability. It provides students with an in-depth analysis of traditional and contemporary theories about individual change, collective change, and systems change, situating them within current thinking on transitions, transformations, social tipping points, and paradigms shifts. The course contextualizes research on transformation within the Anthropocene, an epoch where global environmental issues challenge current mindsets and models of socio-economic organization. The course considers the dynamics and drivers of transformation in the political economy, culture, politics, and art, as well as the role and influence of consciousness and spirituality in transformation processes. It also explores alternative ways of thinking about humanity's relationship with the environment, including the potential for paradigm shifts. Seminars will focus on the relationship between theory and practices, and students will work together in writing a collective academic paper that draws attention to challenges and potentials for transformation in a changing climate. Evaluation will be based on a course paper.

## Learning outcome

### Knowledge goals

You will be able to:

- account for and discuss key concepts and theories related to transformations towards sustainability in the era of the Anthropocene
- explain the distinctions and relationships between perspectives on transitions and transformations to sustainability

### Skills attainment goals

- account for, discuss and critique concepts and theories covered in lectures in a sophisticated manner.
- connect these theories, and critiques thereof, to specific cases and concrete settings in the field.
- write a research paper... (applying at least two of the concepts of transformation or theories of change covered in the course to a global environmental issue today?)

### General competences

You will be able to:

- assess specific situations, challenges and openings related to transformations to sustainability based on theoretically grounded knowledge on this field.
- communicate knowledge-based insights and analysis both verbally and in writing.
- contribute to the new creative and independent thinking about the potential for transformative change.